

# Silky Soft

## Modelling Dough Recipe



### You will need:

- 1 cup of cornflour
- 1 tbsp coconut oil (cold pressed)
- $\frac{1}{2}$  cup of hot water
- Food colouring (optional)

### Method:

1. Mix together the cornflour, coconut oil and hot water in a mixing bowl. If you are adding food colouring, add this to the hot water before adding it to the mixture. However, if you have a learner that is sensitive to food colouring, then leave the dough as it is.
2. Pour the mixture into a saucepan and heat gradually on the hob, stirring all the time.
3. Once you feel that the dough is beginning to form and thicken, remove it from the heat and stir vigorously.
4. Allow the dough mixture to cool a little and then spoon it out onto a flat surface. It may be sticky at first, so you may need an additional dusting of cornflour on the flat surface to help as you knead the dough. Knead until the dough is silky, soft and stretchy.
5. The Silky Soft Modelling Dough is now ready for learners to discover, manipulate and play with.

**Please note:** This modelling dough has no preservative included, therefore it will not last as long as salt-based modelling dough.



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Raw flour, like other raw products, may contain harmful bacteria. Heat treating the raw flour may make it safer in the event of accidental consumption; however, this is not guaranteed. Adult supervision and discretion are necessary while using recipes that use raw flour. Learners should wash their hands before and after handling raw flour. You must ensure that an adequate risk assessment is carried out prior to using this resource. It is your responsibility to ensure that the information/activity this resource contains is safe and appropriate to use in your situation. Twinkl is not responsible for the health and safety of your group or environment. Please be aware that children under the age of three will need to be supervised at all times due to potential hazards with handling and exploring sensory objects.